SYLLABUS FOR THE SESSION 2025- '26

CLASS: VII SUB: Hindi NAME OF THE TEACHER: miss Bitto Kaur

SL	CHAPTER	CHAPTER	TOPIC	SUB TOPIC	NO. OF	NAME OF
NO	NO.	NAME	10110	000 10110	PERIODS	EXAMINATION
1	1.	आत्मत्राण	कविता	कविता का	4	PD 1 +
				भावार्थ		Term 1
				समझाना,		
				शब्द भंडार,		
				ससंदर्भ भाव		
				स्पष्ट करना,		
				लघु उत्तरीय		
				प्रश्न,		
				मूल्य परक		
				प्रश्न, उच्च		
				स्तरीय		
				बौद्धिक प्रश्नों		
				का ज्ञान ।		
2	2.	बाल मजदूरी	निबंध	पाठ का	5	PD
		एक		विश्लेषण,		PD 1 +
		अभिशाप		मूल्य परक		Term 1
				प्रश्न ,		
				आलोचनात्म		
				क चिंतन ,		
				मूल्य परख		
				एवं उच्च		
				स्तरीय		
				बौद्धिक प्रश्नों		
				का बोध ,		
				क्रियात्मक		
		1		गतिविधि ।		

3	4.	उपसर्ग	संस्कृत,	शब्दों में से	5	Pd1 +
		O IKIN	हिंदी , उर्दू	उपसर्ग तथा		term 1
			उपसर्ग तथा	मूल शब्द		
			उपसर्ग की	अलग करना		
			तरह प्रयोग	, उपसर्ग और		
			किए जाने	मूल शब्द		
			वाले संस्कृत	छांट कर		
			के अवयव	लिखना ।		
4	5.	प्रत्यय	प्रत्यय की	प्रत्यय के भेद	5	PD 1 +
•		жчч	परिभाषा	भेद का		term 1
			प्रत्यय के	विश्लेषण		
			निम्नलिखित	प्रत्यय और		
			भेद ।	उपसर्ग अलग	\)	
			191	करना ।		
5	3.	कार्ल मार्क्स	कहानी	अर्थ ग्रहण,	5	Term 1
		4/10/1140	40111	मूल्य परक		
				एवं उच्च		
				स्तरीय		
				बौद्धिक प्रश्नों		
				का ज्ञान ,		
				मूल्य परक		
				प्रश्न ,		
				क्रियात्मक		
				गतिविधि ।		
6	5.	कबीर के	कविता	पाठ का भाव	5	Term 1
		दोहे		समझना,		
				कठिन शब्दों		
				का अर्थ बोध		
				, मूल्य परक		
				और उच्च		
				स्तरीय		
				बौद्धिक प्रश्नों		
				का ज्ञान ।		

7.	6.	जापान से मित्र को पत्र	पत्र	अर्थ ग्रहण , लिखित प्रश्न , विश्लेषणात्म क प्रश्न , बौद्धिक कौशल प्रश्न , क्रियात्मक गतिविधि ।	5	Term 1
8	6.	समास	समास के विभिन्न भागों का वर्गीकरण	समस्त पदों का विग्रह करना , उचित समास का नाम बताना ।	5	Term 1
9	7.	संधि	संधि के विभिन्न भागों का वर्गीकरण एवं भेद	शुद्ध संधि का रूप , संधि विच्छेद करना । PD	4	Term 1
10	20	मुहावरे और लोकोक्तियां	द्वारा रोचक ता लाना ।	मुहावरे का अर्थ लिखना ।	4	Term 1
11	23	अपठित गद्यांश	अपठित गद्यांश, बौद्धिक कौशल गद्यांश विषय।	गद्यांश को पढ़कर मूल्य परक एवं बौद्धिक प्रश्नों का उचित उत्तर लिखना	4	Term 1
12	24	पत्र लेखन	पत्र लेखन औपचारिक एवं	बौद्धिक मूल्य परक रचनात्मक	4	Term 1

			अनौपचारि	लेखन विषय		
			क पत्र ।	1		
13	9	खानपान की	निबंध	अर्थ ग्रहण ,	5	PD 2 +
		बदलती		प्रत्यास्मरणं,		term 2
		संस्कृति		बौद्धिक एवं		
				विश्लेषणात्म		
				क प्रश्न , मूल्य		
				परक प्रश्न ,		
				क्रियात्मक		
				गतिविधि		
14	9	तक्षशिला	पत्र	प्रत्यास्मरण,	5	PD 2 +
		का वैभव		मूल्यपरक एवं		term 2
				उच्च स्तरीय		
				बौद्धिक प्रश्नों		
				का ज्ञान ,		
				क्रियात्मक		
				गतिविधि		
15	11	कारक	कारक की	कारक की	4	PD 2 +
			विभक्तियों	विभक्तियों		Term 2
			की पहचान	का उचित		
			कारक के	प्रयोग ,		
			भेद			
16	13	विशेषण	वाक्यों की	वाक्यों में	4	Pd2 +
			विशेषताएं	विशेषण की		term 2
			विशेषण के	पहचान ,		
			भेद	विशेषण और		
				विशेष्य की		
				पहचान		
17	11	मेरी	यात्रा वृतांत	अर्थ ग्रहण ,	5	Pd3 +
		तमिलनाडु		भाषा		Term 2
		यात्रा		अध्ययन,		
				लिख्ति प्रश्नों		
				का बोध ।		

18	12	मीरा के पद	कविता	भावार्थ	5	Pd3 +
				समझाना ,		Term 2
				कठिन शब्द		
				सा प्रसंग		
				व्याख्या		
				मूल्य परक		
				उच्च स्तरीय		
				बौद्धिक प्रश्न		
19	15	क्रियाकाल	क्रियाओं से	वाक्यों के भेद	4	PD III+
			काल को			Term 2
			पहचाना ।			
20	16	क्रिया	क्रियाओं से	वाक्यों से	4	PD 3 +
		विशेषण	विशेषण को	विशेषण की		Term 2
			पहचाना	पहचान		
				करना		
21	15	सच्चा भारत	कविता	भावार्थ स्पष्ट	5	Term 2
				करना,		
				कठिन शब्द,		
				ससंदर्भ		
				व्याख्या		
				करना ।		
22	17	मित्रता	निबंध	अर्थ ग्रहण ,	7	Term 2
				मूल्य परक		
				बौद्धिक प्रश्न		
				विश्लेषणात्म		
				क प्रश्न ।		
23	22	संवाद लेखन		बौद्धिक	4	Term 2
			माध्यम ,	कौशल		
			लेखन शैली	मूल्यपरक		
2.5	24	<u> </u>	44	विषय	4	Table 3
24	21	विराम चिन्ह	लिखित के टी के	विराम के	4	Term 2
			श्रेणी में	विभिन्न कॉन		
			भाषा की	का ज्ञान और		
			रोचकता एवं			

			आकषर्कता	उनका उचित		
			बनाए रखना	प्रयोग ।		
			1			
25	18	शब्द भंडार	पर्यायवाची	शब्द भंडार	7	Term 2
			शब्द विलोम			
			शब्द	लेखन शैली		
			वाक्यांश के	में उचित		
			लिए एक	प्रयोग ।		
			शब्द			
			अनेकार्थक			
			शब्द			
26	19	निबंध लेखन	मूल्य एवं बौद्धिक	बौद्धिक	4	Term 2
			बौद्धिक	कौशल मूल्य		
			परक विषय	परक विषय		

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CLASS: VII SUB: SOCIAL SCIENCE NAME OF THE TEACHER: SC & DM

SL NO	CHAPTER No.	CHAPTER NAME	TOPIC		SUB TOPIC	NO. OF PERIODS	NAME OF Examination
1	1	INTRODUCTION: TRACING CHANGES THROUGH 1000 YEARS (HIS)	NEW OLD TERMINOLOGIES HISTORIANS AND THEIR SOURCE NEW SOCIAL POLITICAL GROUPS REGIONS AND EMPIRES OLD AND NEW RELIGIONS TIME AND HISTORICAL PERIODS	AAAAA	CARTOGRAPHERS HINDUSTAN HAQBITAT PATRONS MODERNITY	8	PD 1 + MT
2	2	KINGS AND KINGDOMS (HIS)	EMERGENCE OF NEW DYNASTIES ADMINISTRATION IN THE KINGDOMS PRASHASTIES WARFARE CHOLAS	4444	SAMANTAS THANJAVUR TEMPLES STATUES ADMINISTRATIONS EMPERORS	6	PD 1+ MT
3	3	DELHI: 12 TH & 15 TH CENTURY	DELHI AND SULTANS ADMINISTRATION UNDER KHALJIS SULTANATE IN 16 th CENTURY	A A A	GENDER DISCRMINATION SLAVES AND THEIR SONS OFFICIALS OF SULTANS	5	MT + AT
4	4	THE MUGHALS` (HIS)	WHO WERE THE MUGHALS MUGHAL MILITARY CAMPAIGNS MUGHAL TRADITIONS OF SUCCESSION RELATION WITH OTHER RULERS MANSABDAR JAIGIRDAR	A A	ZABT AND ZAMINDARS MUGHAL EMPERORS IN 17 TH CENTURY	6	PD 2+ AT

5	5	TRIBES NOMADS AND SETTLED COMMUNITIES	> TRIBAL SOCIETIES > TRIBAL PEOPLE	> NOMADS > NEW CASTES AMND HIERCHIES > GODS > AHOMS	6	PD 3 + AT
6	8	18 TH CENTURY POLITICAL FORMATION	 THE CRISIS OF THE EMPERIRE AND LATER MUGHALS RAJPUTS SEIZING INDEPENDENCE 	> THE SIKHS > THE MARATHAS > THE JATS	5	AT
7	1	ENVIRONMENT (GEO)	 NATURAL ENVIRONMENT HUMAN ENVIRONMENT 	> LITHOSPHERE > ATMOSPHERE > BIOSPHERE	4	PDI + MT
8	2	INSIDE DUR Earth (GEO)	 INTERIOR OF THE EARTH ROCKS AND MINERALS 	CRUST MANTLE METAMORPHIC ROCKS IGNEOUS ROCKS SEDIMENTARY ROCKS ROCK CYC LE	6	PD1+MT
9	3	OUR CHANGING Earth (GEO)	> ENDOGENIC FORCE > EXOGENIC FORCE > MAJOR LANDFORMS	> VOLCANO > EARTHQUAKE > WORK OF WATER > SEA WAVES > ICE > WIND	6	MT
10	4	AIR (GED)	COMPOSITION OF ATMOSPHERE STRUCTRE OF ATMOSPHERE WEATHER AND CLIMATE	> AIR PRESSURE > WIND > PRESSURE BELTS > CYCLONE > TYPE OF RAINFALLS	6	PD 2 + AT
11	5	WATER (GED)	PRECIPATATION OCEAN CIRCULLATION DISTRIBUTION OF WATER BODIES OCEAN CURRENTS	> WAVES > TIDES > TSUNAMI	5	PD 2 + AT
12	6	HUMAN ENVIRONMENT INTERACTION (GEO)	LIFE IN AMAZON LIFE IN GANGA BRAHMAPUTRA BASIN	> CLIMATE > RAIN FOREST > PEOPLE OF THE RAIN FOREST > LIFE IN GANGA BRAHMAPUTRA BASIN	6	PD 3 + AT
13	7	LIFE IN THE Desert (Geo)	HOT DESERTCOLD DESERT	> SAHARA > LADAKH	6	AT

14	1	ON EQUALITY (CIV)	 EQUALITY IN INDIAN DEMOCRACY ISSUE OF EQUALITY CHALLENGE OF DEMOCRACY 	>	MOVEMENT PREJUDICES	5	PD 1+ MT
15	2	ROLE OF THE GOVT. IN HEALTH	 WHAT IS HEALTH HEALTHCARE IN INDIA PUBLIC & PRIVATE HEALTHCARE 	AAA	EQUALITY KERALA EXPERIENCE	6	PD 1 + MT
16	3	HOW THE STATE GOVT. WORKS	 MLA DEBATE IN AASEMBLY WORKING OF THE GOVT. 	AAA	CONSTITUENCY PRESS CONFERENCE WALLPAPER PROJECT	6	PD1+MT
17	5	WOMEN CHANGE The World	 FEWER OPPORTUNITY LARNING FOR CHANGE SCHOOLING AND EDUCATION TODAY 	AAAA	WOMENS MOVEMENT CAMPAIGNING RAISING AWARENESS SHOWING SOLIDITARY	7	PD2+AT
18	6	UNDERSTANDING Media	 MEDIA AND TECHNOLOGY MEDIA AND MONEY MEDIA AND DEMOCRACY 	4444	SETTING AGENDA SOCIAL ADVERTISING PUBLIC PROTEST LOCAL MEDIA	6	PD3+AT
19	7	MARKET AROUND US	 DAILY MARKET WEEKLY MARKET 	A A	SHOPS IN NEIGHBOURHOOD CHAIN IN MARKET MARKETS AND EQUALITY	6	AT

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CLASS: VII SUB: SCIENCE NAME OF THE TEACHER: GG & SL

SL N	CHAPTE R	CHAPTER Name	TOPIC	SUB TOPIC	NO. OF PERIOD	NAME OF EXAMINATIO
1	NO. 01	Nutrition in plants	 Introduction Mode of nutrition in plants Photosynthesis Other modes of nutrition in plants How nutrients are replenished in the soil 	 Autotrophic 8 heterotrophic nutrition Importance of photosynthesi s Parasites Saprotrophic Symbiotic 	2 09	PD I & MT
2	02	Nutrition in animals	 Introduction Different ways of taking food Digestion in human Digestion in grass- eating animals Feeding and digestion in Amoeba 	➤ The human digestive system ➤ Arrangement of teeth & types of teeth ➤ Process of digestion ➤ Ruminants ➤ rumination	09	MT
3	03	Heat	 Introduction Hot & cold Measuring temperature Thermometer 	 Clinical thermometer Laboratory thermometer Conduction 	09	PD I & MT

			 Transfer of heat Kinds of clothes we wear in Summer & Winter 	> Convection > Radiation
4	04	Acids, bases & salts	 Introduction Acids & bases Indicators Neutralization 	 ▶ Properties of acids & bases ▶ Natural & artificial indicators ▶ Neutralization in everyday life
5	06	Respiration in organisms	 Introduction Why do we respire Breathing How do we breathe What do we breathe out Breathing under water Breathing in other animals Do plants also respire 	The Human respiratory system Aerobic respiration Anaerobic respiration of earthworm Respiration of cockroach
6	12	Forest: our lifeline	 Introduction Visit to a forest Types of forest Importance of forest Interdependen ce between plants & animals 	 Components of forest Layers of forest Habitat for plants & animals

			• Conservation of forest	> Dependence of animals on plants
7	05	Physical & chemical change	 Physical change Chemical change Rusting of iron Crystallization 	 ▶ Properties of physical change ▶ Properties of chemical change ▶ Chemical reaction ▶ Galvanization
8	07	Transportatio n in animals & plants	 Introduction Circulatory system Excretion in animals Transport of substances in plants 	➤ Blood & its components ➤ Heart: structure & function ➤ Transport of water & minerals ➤ Transpiration
9	08	Reproduction in plants	 Introduction Modes of reproduction Fruits & seeds formation Pollination 	> Sexual
10	09	Motion & time	 Introduction Slow or fast Measurement of time Measuring speed 	 ▶ Uniform speed ▶ Simple Pendulum ▶ Distance – time graph ▶ Speedometer ▶ odometer

11	10	Electric currents & its effects	•	Introduction Symbol of electric components Heating effect of electric current Magnetic effect of electric	AAAAA	Cell Battery Closed & open circuit Electric appliances Electromagne t Electric bell	09	PD III & AT
12	11	Light	•	Light travels along a straight line Reflection of light Lateral inversion Spherical mirrors Lense	A A	Rectilinear propagation Regular reflection lrregular reflection lmages formed by mirror lmages formed by	10	AT
13	13	Wastewater story	•	Water : our lifeline Sewage Water freshens up- an eventful journey WWTP Better house keeping practices Sanitation & disease	A A	Treatment of polluted water Conservation of water Sanitation at public places Alternative arrangement for sewage disposal	08	AT

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CLASS: vii SUB: BENGALI NAME OF THE TEACHER: SP, SN

SL	CHAPTER	CHAPTER NAME	TOPIC	SUB TOPIC	NO. OF	NAME OF
NO 1	NO.	A W ()[a	গদ্য	ব্যাকরণধর্মী	PERIODS 5	PD – I + MID
•		ক. শ্রমের	>1 Y ()		J	TERM
		भूला		প্রশ		ILKM
		খ. মন্বন্তর		বোধ মূলক		
				জ্ঞানমূলক ও		
				রচনাধর্মী প্রশ্ন		
				উত্তর		
2		ক.	भ म्य	ব্যাকরণধর্মী	4	PD - I + MID
		বঙ্গুভূমির	0.	প্রম		TERM
		প্রতি		বোধ মূলক		
		খ. মুক্তি		জ্ঞানমূলক ও		
				রচনাধর্মী প্রশ্ন		
				উত্তর		
3		• ব্যঞ্জন	ব্যাক্রণ ও	সন্ধি বিচ্ছেদ	20	PD - I + MID
		সন্ধি	নির্মিতি	সন্ধি করো		TERM
		• ণ-ত্ব ও		বানানবিধি		
	C	ষ-ত্ব		ইত্যাদি		
		এর				
		সাধারণ				
		নিয়ম				
4		রাধারানী	এক মুঠো	রচনাধর্মী প্রশ্ন	7	PD - I + MID
			আনন্দ	উত্তর		TERM
5		প্রথম	গদ্য	ব্যাকরণধর্মী	5	MID TERM
		কবিতা লেখা		প্রশ্ন		

			বোধ মূলক		
			জ্ঞানমূলক ও		
			রচনাধর্মী প্রশ্ন		
			উত্তর		
6	সংকল্প	পদ্য	ব্যাকরণধর্মী	4	MID TERM
			প্রশ		
			বোধ মূলক		
			জ্ঞানমূলক ও		
			রচনাধর্মী প্রশ্ন		
			উত্তর	7. /	
7	কারক ও	ব্যাকরণ ও	কারক ও	38	MID TERM
	বিভক্তি	নির্মিতি	বিভক্তি নির্ণয়		
	অনুসর্গ		করো		
	. বোধ		অনুচ্ছেদ		
	পরীক্ষণ		পড়ে তার		
	. পত্ররচনা		উত্তর লেখ		
	. প্রবন্ধ রচনা				
8	ক. বাঘ মামা	এক মুঠো	রচনাধর্মী প্রশ্ন	7	MID TERM
	আর শিয়াল	আনন্দ			
	ভাগ্নে				
	খ. রাগের				
	ওষুধ 💮				
9	 প্রতাপ সিংহ	গদ্য	ব্যাকরণধর্মী	7	PD -II +
			প্রশ্ন		ANNUAL
	117 3		বোধ মূলক		
			জ্ঞানমূলক ও		
			রচনাধর্মী প্রশ্ন		
	7		উত্তর		
10	বাংলার মুখ	পদ্য	ব্যাকরণধর্মী	4	PD -II +
	আমি		প্রশ্ন		ANNUAL
	দেখিয়াছি		বোধ মূলক		
	•		জ্ঞানমূলক ও		
			রচনার্ধর্মী প্রশ্ন		
			উত্তর		
	1		J U		

11	বিশেষণের তারতম্য	ব্যাকরণ ও নির্মিতি	বিভিন্ন পরে বিশেষণের ভেদ	10	PD -II + Annual
12	হর্ষবর্ধনের বাঘ শিকার	এক মুঠো আনন্দ	রচনাধর্মী প্রশ্ন উত্তর	7	PD -II + Annual
13	পথে প্রবাসে	গদ্য	ব্যাকরণধর্মী প্রশ্ন বোধ মূলক জ্ঞানমূলক ও রচনাধর্মী প্রশ্ন উত্তর	7	PD -III + ANNUAL
14	কাগজ বিক্রি	भ म्	ব্যাকরণধর্মী প্রশ্ন বোধ মূলক জ্ঞানমূলক ও রচনাধর্মী প্রশ্ন উত্তর	5	PD -III + Annual
15	সংখ্যা বাচক ও পূরণবাচক শব্দ গঠন	ব্যাকরণ ও নির্মিতি	সমাস সম্পর্কে ধারনা, শ্রেণীবিভাগ, প্রতিটি সমাসের পুঙ্যানুপুঙ্যা আলোচনা।	5	PD -III + Annual
16	হাসি	এক মুঠো আনন্দ	রচনাধর্মী প্রশ্ন	7	PD -III + Annual
17	আদাব	গদ্য	ব্যাকরণধর্মী প্রশ্ন বোধ মূলক জ্ঞানমূলক ও রচনাধর্মী প্রশ্ন উত্তর	10	ANNUAL

18	কেন এলো না	পদ্য	ব্যাকরণধর্মী প্রশ্ন বোধ মূলক জ্ঞানমূলক ও রচনাধর্মী প্রশ্ন উত্তর	10	ANNUAL
19	.শব্দ গঠনের ভূমিকা . বিশেষ্য সর্বনাম ও বিশেষণের প্রকারভেদ . পত্র রচনা . প্রবন্ধ রচনা . বোধ পরীক্ষণ	ব্যাকরণ ও নির্মিতি	শব্দ তৈরি করা বিশেষ্য সর্বনাম ইত্যাদি পদ সম্পর্কে বিশদ জ্ঞান ইত্যাদি	5	ANNUAL
20	কুট্টি মামার হাতের কাজ	এক মুঠো আনন্দ	রচনাধর্মী প্রশ্ন	3	ANNUAL

SYLLABUS FOR THE SESSION 2025- '26

CLASS: VII SUB: ENGLISH NAME OF THE TEACHER: UTTAM KHANRA

SL NO	CHAPTER No.	CHAPTER NAME	TOPIC	SUB TOPIC	NO. OF PERIODS	NAME OF EXAMINATION
1	1	THE SURPRISE PARTY	EXPLORING THE WORLD OF FANTASY	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD1+MID TERM
2	2	HIDE AND SEEK	IMPORTANCE OF GAMES AND SPORTS	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD1+MID TERM
B	3	LIFE'S SWEET SOUNDS	EXPLORING THE MAGICAL WORLD OF SOUND	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	ន	PD1+MID TERM
4	4	SCAFFOLDING	IMPORTANCE OF FRIENDSHIP	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	ខា	PD1+MID TERM
5	5	THE GIFT	EXPLORING THE SPACE	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	MID TERM
6	6	MISSED	IMPROVING MINDFULNESS AND CONCENTRATION	INSIDE QUESTIONS, VOCABULARY,	3	MID TERM

				TEXTUAL Grammar		
7	7	EDUCATING MOTHER	MASTERING THE ART OF STORYTELLING	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	MID TERM
8	8	, ABHIMANAN	RETELLING OF THE TALES OF MAHABHARATA	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	MID TERM
9	9	IF ONCE YOU HAVE SLEPT ON AN ISLAND	EXPERIENCE OF THE SEA	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD 2+ Annual
10	10	THE CHILL PILL	ANGER MANAGEMENT	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD 2+ Annual
11	11	THE BELL	EXPLORING MUSICAL INSTRUMENTS	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD 2+ Annual
12	12	A POISON TREE	UNDERSTANDING THE WORLD OF GOOD AND EVIL	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	ខា	PD 2+ Annual
13	13	TREMENDOUS Tree	IMPORTANCE OF SAVING TREES	INSIDE QUESTIONS, VOCABULAY,	3	PD 3+ Annual

				TEXTUAL		
14	14	WE WEAR THE MASK	IDENTIFYING THE REAL AND THE FAKE	GRAMMAR INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	PD 3+ Annual
15	15	TOASTED ENGLISH	DOMINANCE OF ENGLISH AS A LANGUAGE	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	ANNUAL
16	16	GEOGRAPHY LESSON	EXEPRIENCING DIFFERENT GEOGRAPHICAL LOCATIONS	INSIDE QUESTIONS, VOCABULARY, TEXTUAL GRAMMAR	3	ANNUAL
			GRAMMAR SECTION	12		
17	1 TO 9 AND 15	NDUNS, ADJECTIVES, PRONDUNS, TRANSITIVE AND INTRANSITIVE VERBS, SUBJECT VERB AGREEMENT, PRIMARY AND MODAL AUXILIARIES, PRESENT, PAST AND FUTURE TENSE, VOICE CHANGE	UNDERSTANDING AND APPLICATION OF THE GIVEN CHAPTERS	IN-DEPTH KNOWLEDGE OF THE GIVEN CHAPTERS	21	PD 1+ MID TERM
18	10 TO 14	ADVERBS, PREPOSITIONS, CONJUNCTIONS, DETERMINERS	UNDERSTANDING AND APPLICATION OF	IN-DEPTH KNOWLEDGE OF THE GIVEN CHAPTERS	11	MID TERM

		AND	THE DIVEN			
		AND	THE GIVEN			
		QUANTIFIERS,	CHAPTERS			
		ARTICLES				
19	16 TO 19	NARRATION	UNDERSTANDING	IN-DEPTH	9	PD 2+
		CHANGE, FINITE	AND	KNOWLEDGE		ANNUAL
		AND NON-FINITE	APPLICATION OF	OF THE GIVEN		
		VERBS, PHRASES,	THE GIVEN	CHAPTERS		
		CLAUSES	CHAPTERS			
20	19 TO 22	CLAUSES, KINDS	UNDERSTANDING	IN-DEPTH	9	PD 3+
		AND TYPES OF	AND	KNOWLEDGE		ANNUAL
		SENTENCES,	APPLICATION OF	OF THE GIVEN		
		TRANSFORMATION	THE GIVEN	CHAPTERS		
		AND SYNTHESIS,	CHAPTERS			
21	23 TO 25	PUNCTUATION,	UNDERSTANDING	IN-DEPTH	7	ANNUAL
		GRAMMAR ON THE	AND	KNOWLEDGE		
		GO, WORDS: A	APPLICATION OF	OF THE GIVEN		
		MIXED BAG	THE GIVEN	CHAPTERS		
			CHAPTERS			
			WRITING			
			SECTION			
22	36	FORMAL LETTERS-	TOPICS WILL BE	ENHANCEMENT	3	PD 1+ MID
		EDITORIAL AND	PROVIDED IN	OF WRITING		TERM
		LETTER OF	CLASS	SKILL		
		COMPLAINT				
23	36 AND	EMAIL WRITING,	TOPICS WILL BE	ENHANCEMENT	3	MID TERM
	37	ESSAY AND	PROVIDED IN	OF WRITING		
		BIOGRAPHY	CLASS	SKILL		
24	38	REPORT WRITING	TOPICS WILL BE	ENHANCEMENT	3	PD 2
		13.	PROVIDED IN	OF WRITING		
			CLASS	SKILL		
25	39	DIARY WRITING	TOPICS WILL BE	ENHANCEMENT	3	PD 3+
			PROVIDED IN	OF WRITING		ANNUAL
			CLASS	SKILL		
26	42	NOTICE WRITING	TOPICS WILL BE	ENHANCEMENT	3	ANNUAL
			PROVIDED IN	OF WRITING		
			CLASS	SKILL		
			ULAUU	UIXILL		l l

SYLLABUS FOR THE SESSION 2025- '26

CLASS: VII SUB: Art and Craft

NAME OF THE TEACHER: Avijit Patra

SL	CHAPTER	CHAPTER NAME or	SUB TOPIC	NO. OF	NAME OF
NO	ND.	TOPIC		PERIODS	EXAMINATION
1	1	Objects	Drawing and setting, Pencil, ink pen and marker rendering	1	Midterm
2	2	Object composition	Drawing and setting, step by step colouring, drawing and colouring,	4	Midterm
3	3	Animals	Pencil shading, Ink pen shading, Wastechnic brush and ink, Colouring	4	Midterm
4	4	Birds	Pencil shading, ink pen shading, Coloured pencil, watercolor	4	Midterm
5	5	Vegetables	Watercolor	1	Midterm
6	6	Fruits	Watercolor	1	Midterm
7	7	Leaves	Watercolor	1	Midterm
8	8	Flowers	Pencil shading, In pain shading, Colour pencil, watercolors	4	Midterm
9	9	Trees	Pencil shading, pencil and ink,	3	Midterm

			Malappuram technique		
10	10	Landscape	Pencil shading, ink pen shading, oil	7	Midterm
			pastel, colour		
			pencil, watercolor,		
			knife painting, poster colour,		
11	11	Face drawing	Pencil shading	1	Annual term
12	12	Portrait	Pencil shading, ink	4	Annual term
			pen shading,		
			coloured pencil,		
			watercolors		
13	13	Human figure	Watercolors	1	Annual term
14	14	Posture	Pencil shading, ink	2	Annual term
		drawing	pen shading		
15	15	Human cartoon	Drawing	2	Annual term
16	16	Animal cartoon	Drawing	2	Annual term
17	17	Human	Watercolor	1	Annual term
		caricature			
18	18	Off to school	Pencil shading	1	Annual term
19	19	Family	Coloured pencils	1	Annual term
20	20	Bullock cart	Ink pen	1	Annual term
21	21	Vegetable	Watercolor	1	Annual term
		vendor		_	_
22	22	Picnic	Ink pen	1	Annual term
23	23	Celebration	Oil pastel	1	Annual term
24	24	Village life	Poster colour	1	Annual turn
25	25	Farming	Colour pencil	1	Annual term
26	26	Charminar	Watercolor	1	Annual term
27	27	Gateway of India	Pencil shading	1	Annual term
28	28	Sanchi stupa	Ink pen stippling	2	Annual term
29	29	Madhubani	Sketch pens	1	Annual term
		painting	colouring		
30	30	Warli painting	Watercolor	1	Annual term

31	31	Rajasthani	Watercolor	1	Annual term
		painting			
32	32	Pattachitra	Poster colour	1	Annual term
		painting			
33	33	Textured	Tissue paper	2	Annual term
		painting	pesting		
34	34	Mehndi design	Mehandi	1	Annual term
35	35	Paper quilling	Peacock	1	Annual term
36	36	Paper sculpture	Origami	1	Annual term

SYLLABUS FOR THE SESSION 2025- '26

CLASS: VII SUB: COMPUTER

NAME OF THE TEACHER: KRISHNA KUNDU

SL ND	CHAPTER No.	CHAPTER NAME	TOPIC	NO. OF PERIODS	NAME OF EXAMINATION
1	01	Computer	> Introduction	4	
		System	> Peripheral Devices		
		-	> Input & Output		
			Processing Unit		TERM – I
			Storage Devices		
			Primary and Secondary		
			Memory		
			Measuring Memory		
			> Software		
2	02	Number System	What is number System?	6	
			> Types of Number		
			Systems		TERM – I
			Conversion from one		
			Number System to		
			another number system		
3	03	Details on	Features of Windows 10	5	
		Windows 10	➤ Windows 10 Settings		
			Power Saving option of a		TERM I
			computer		TERM – I
			Sisk Cleanup		
			Pin a Program or Item to the Windows 10 Taskbar		
4	04	Clabouation on	> Cell Reference	5	
4	U4	Elaboration on MS Excel 2016	Functions	J	
		MO LYPEI ZOIO	> Organizing Data		TERM – I
			> Hide one or more Row or		I LIVIII — I
			Column		
			Outuinii		

	ı	T		ı	1
			> Filtering Data		
			Sorting and Filtering by		
			cell color		
			Conditional formattingData Validation		
			Sharing & Exporting		
			Workbook		
5	05	Creating Charts	> Components of a charts	4	TERM – I
_		in MS Excel 2016	Different types of Charts	-	
			in MS Excel		
			Creating Charts in MS		
			Excel		
			Customizing Charts		
			Chart Formatting	\ \ \	
			> Sparkline		
	06	Introduction to	> Introduction to Image	5	TERM – I
		GIMP	editing using GIMP		
			Starting GIMPToolbox		
			Creating a New File in		
			GIMP		
			Save a File in GIMP		
			Open an Existing File		
			Closing a File		
			Exiting GIMP		
			Selecting an Image		
			 Moving an Image 		
			Cropping an ImagePainting Image		
			Adding Text to an Image		
			➤ Healing Tool		
			Clone tool		
			Copy and Paste Selection		
			Layers in GIMP		
	88		> Filtering	-	
	07	Introduction to	> Programming Language	6	TERM II
		Coding in Python	➤ Introduction to Python ➤ Syntax		TERM – II
			> Syntax		

Python Variables Python Operators Python Operators Python Operators Input Function Int Funtion Python Comments Int Funtion Python Comments Conditional Statements Etam—III Loops Pencil 2D Pencil 2D Fencil					
Python Operators Input Function Internation Python Comments Python Comments Python Comments Python Comments Python Comments Pothon Statements and Loops Pencil 2D Pencil 2D Pencil 2D Pencil 2D Pencil 2D The Pencil 2D Interface Use of Various Tools Use of Various Tools Union Skin Feature Creating frames Creating an Animation Resize an Image Move an Image and Canvas Undo action Import an Image Add Sounds Saving Pencil 2D Project Exporting File Powerland Operating System Creating App using MIT App Inventor Starting App Inventor Project To Create a New Project To Create a New Project To Create a New Project			-		
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Discription			Python Operators		
Python Condition Statements Conditional St			Input Function		
D8			Int Funtion		
Statements and Loops OB Pencil 2D			Python Comments		
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Pencil 2D Pencil 2D Pencil 2D Phe Pencil 2D Interface Use of Various Tools Onion Skin Feature Creating frames Creating an Animation Resize an Image Move an Image and Canvas Undo action Import an Image Add Sounds Saving Pencil 2D Project Exporting File Downloading Apps Mobile Operating System Creating App Inventor App Inventor Starting App Inventor and Creating a New Project TERM - II Can Computer See Images- Computer Vision Application of Computer Se Computer Vision Application of Computer Pencil 2D TERM - II FERM - II TERM - II TERM - II TERM - II		Statements and	Looping Statements		TERM – II
> The Pencil 2D Interface > Use of Various Tools > Onion Skin Feature > Creating frames > Creating an Animation > Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development Downloading Apps 8 8 9 7 7 7 7 7 7 7 7 7		Loops			
> Use of Various Tools > Onion Skin Feature > Creating frames > Creating an Animation > Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File > Downloading Apps > Mobile Operating System > Creating App using MIT App inventor > Starting App Inventor and Creating a New Project > To Create a New Project	09	Pencil 2D	Pencil2D	6	
> Onion Skin Feature > Creating frames > Creating an Animation > Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Downloading Apps > Mobile Operating System > Creating App using MIT App inventor App inventor > Starting App Inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Grayscale Images > Computer Vision > Application of Computer Can Computer Vision			The Pencil 2D Interface		
> Creating frames > Creating an Animation > Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Downloading Apps > Mobile Operating System > Creating App using MIT App inventor App inventor > Starting App Inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Grayscale Images > Computer Vision > Application of Computer			Use of Various Tools		
> Creating an Animation > Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Types of Apps > Mobile Operating System > Creating App using MIT App inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Application of Computer TERM - II TERM - II TERM - II			Onion Skin Feature		
> Resize an Image > Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Downloading Apps > Mobile Operating System > Creating App using MIT App inventor App inventor > Starting App Inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Grayscale Images > Computer Vision > Application of Computer Application of Computer Vision Application of Computer			Creating frames		TERM – II
> Move an Image and Canvas > Undo action > Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Downloading Apps > Mobile Operating System > Creating App using MIT App inventor App inventor > Starting App Inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Grayscale Images > Computer Vision > Application of Computer			Creating an Animation		
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Dundo action Description Development D			Move an Image and		
> Import an Image > Add Sounds > Saving Pencil 2D Project > Exporting File 10 App Development > Types of Apps > Mobile Operating System > Creating App using MIT App inventor App inventor and Creating a New Project > To Create a New Project > To Create a New Project > Grayscale Images Computer Vision > Computer Vision > Application of Computer > Application of Computer			Canvas		
> Add Sounds > Saving Pencil 2D Project > Exporting File 10			Undo action		
> Saving Pencil 2D Project > Exporting File 10			Import an Image		
Development Downloading Apps B Development Downloading Apps Development Downloading Apps Dow			> Add Sounds		
10 App Downloading Apps > Types of Apps > Mobile Operating System > Creating App using MIT App inventor and Creating a New Project > To Create a New Project > To Create a New Project See Images - Computer Vision Computer Vision Computer Vision Application of Computer Vision TERM - II			Saving Pencil 2D Project		
Development Types of Apps Mobile Operating System Creating App using MIT App inventor App inventor and Creating a New Project To Create a New Project To Create a New Project Binary Images Gerayscale Images Computer Vision Computer Vision Application of Computer			Exporting File		
> Mobile Operating System > Creating App using MIT App inventor App inventor and Creating a New Project > To Create a New Project > To Create a New Project 11 Can Computer See Images Computer Vision > Colour Images > Computer Vision > Application of Computer	10	Арр	Downloading Apps	8	
> Creating App using MIT App inventor > Starting App Inventor and Creating a New Project > To Create a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Colour Images > Computer Vision > Application of Computer		Development	Types of Apps		
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> Starting App Inventor and Creating a New Project > To Create a New Project 11 Can Computer See Images- Computer Vision > Colour Images > Computer Vision > Application of Computer			Creating App using MIT		
and Creating a New Project To Create a New Project If Can Computer See Images Computer Vision Computer Vision Application of Computer And Creating a New Project Binary Images Forayscale Im			App inventor		TERM – II
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> To Create a New Project 11			and Creating a New		
11 Can Computer See Images- Computer Vision Computer Vision Computer Vision Application of Computer Sinary Images Computer Computer Vision Application of Computer			Project		
See Images Computer Vision Computer Vision Computer Vision Application of Computer			To Create a New Project		
Computer Vision Computer Vision Computer Vision Application of Computer TERM – II	11	Can Computer	Binary Images	6	
Computer Vision ➤ Application of Computer		See Images-	Grayscale Images		
> Application of Computer		Computer Vision	Colour Images		TERM – II
			Computer Vision		
Vision			Application of Computer		
			Vision		

12	Artificial	What is Sustainable	4	
	Intelligence and	Development?		
	Sustainable	Sustainable Development		
	Development	Goals		TERM – II
	Goals	Role of Al in Achieving		
		Sustainable Development		
		goals		
		How Al helps in		
		Sustainability		
13	Scratch an Al	Machine Learning	8	5
		Face Sensing Blocks		
		Working of Sensing		TERM – II
		Blocks		
		Facial Detection Activity	\)	
		in Scratch		
		Video Sensing Blocks		

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SYLLABUS FOR THE SESSION 2025- '26

CLASS: VII SUB: MATHEMATICS NAME OF THE TEACHER: SATYAJIT SIR

S	CHAP	CHAPTER	TOPIC	SUB	NO.	NAME OF
L	TER	NAME		TOPIC	OF	EXAMINA
N	NO.				PERIO	TION
					DS	
1	1	INTEGER+	PROPERTIES OF ADDITION AND	EX 1.1,	8	PD1+MT
		R.S.AGARWAL	SUBTRACTION OF INTEGERS-	EX 1.2,		
		BOOK(CHI)	CLOSURE,CUMMUTATIVE,ASSOCIATI	EX 1.3		
			VE,ADDITIVE IDENTITY;	R.S.AGAR		
			MULTIPLICATION OF	WAL		
			INTEGERS,PROPERTIES OF	BOOK(EX		
			MULTIPLICATION OF INTEGERS-	1A TO 1D)		
			CLOSURE,COMMUTATIVE,MULTIPLIC			
			ATION BY ZERD, MULTIPLICATIVE			
			IDENTITY,ASSOCIATIVITY,DISTRIBU			
			TIVE PROPERTY, DIVISION OF			
_	_		INTEGERS AND THEIR PROPERTIES.			
2	2	FRACTIONS	MULTIPLICATION/DIVISION OF	EX 2.1,	12	PD1+MT
		AND	FRACTIONS, MULTIPLICATION/DIVISI	EX 2.2,		
		DECIMALS+	ON OF DECIMAL NUMBERS,	EX 2.3,		
		R.S.AGARWAL		EX 2.4,		
		BOOK(CH2 &		EX 2.5.		
		3)		R.S.AGAR		
				WAL		
				BOOK(EX		
				2A TO 2D AND 3A		
3	3	DATA	REPRESENTATIVE VALUES,	TO 3E) EX 3.1, EX	8	PD1+MT
٥	J	HANDLING	ARITHMETIC	3.2,EX	u	וואדוטיו
		+	MEAN,RANGE,MODE,MEDIAN,USE OF	3.2,LX 3.3.		
		R.S.AGARWAL	MEAN,NAMUE,MUDE,MEDIAN,UGE UI	U.U.		
		IV.D.WOWIVIAL				

		BOOK(CH21,2 2,23)	BAR GRAPH WITH A DIFFERENT PURPOSE.	R.S.AGAR WAL BOOK(EX 21A TO21C, 22 AND 23)		
4	4	SIMPLE EQUATIONS + R.S.AGARWAL BOOK(CH7)	A MIND READING GAME, SETTING UP OF AN EQUATION, REVIEW OF WHAT WE KNOW, WHAT EQUATION IS? ,SOLVING AN EQUATION, MORE EQUATIONS, APPLICATIONS OF SIMPLE EQUATIONS TO PRACTICAL SITUATIONS.	EX 4.1, EX 4.2, EX 4.3. R.S.AGAR WAL BOOK(EX 7A TO 7C)	13	PD2+AT
5	5	LINES AND ANGLES + R.S.AGARWAL BOOK(CH 13,14)	INTRODUCTION, RELATED ANGLES-COMPLEMENTARY, SUPPLIMENTARY ANGLES, PAIRS OF LINES-TRANSVERSAL LINE, INTERSECTING LINES, ANGLES MADE BY TRANSVERSAL, TRANSVERSAL OF PARALLEL LINES, CHECKING FOR PARALLEL LINES.	EX 5.1, EX 5.2. R.S.AGAR WAL BOOK(EX 13,14)	6	MT
6	6	THE TRIANGLE AND ITS PROPERTIES + R.S.AGARWAL BOOK(CH15)	INTRODUCTION, MEDIANS OF A TRIANGLE, ALTITUDES OF A TRIANGLE, EXTERIOR ANGLES OF A TRIANGLE AND ITS PROPERTY, ANGLE SUM PROPERTY OF A TRIANGLE, TWO SPECIAL TRIANGLES: EQUILATERAL AND ISOSCELES, SUM OF THE LENGTHS OF TWO SIDES OF A TRIANGLE, RIGHT ANGLED TRIANGLES AND PYTHAGORAS PROPERTY.	EX 6.1, EX 6.2, EX 6.3, EX 6.4, EX 6.5. EX 15A TO 15D.	10	MT
7	7	COMPARING QUANTITIES+	PERCENTAGE-ANOTHER WAY OF COMPARING QUANTITIES,USE OF PERCENTAGES,RATIO TO PERCENTS,PRICE RELATED TO AN	EX 7.1, EX 7.2. EX 8A TO 8C, EX	15	PD2+AT

		R.S.AGARWAL BOOK(CH8,9,1 0,11,12)	ITEM OR BUYING AND SELLING,CHANGE GIVEN ON BORROWED MONEY OR SIMPLE INTEREST.	9A TO 9C, 10A TO 10C,11A TO 11B,12A TO 12 B		
8	88	RATIONAL NUMBERS+ R.S.AGARWAL BOOK(CH4)	INTRODUCTION, NEED FOR RATIONAL NUMBERS, WHAT ARE RATIONAL NUMBERS, POSITIVE AND NEGATIVE RATIONAL NUMBERS, RATIONAL NUMBERS ON A NUMBER LINE, RATIONAL NUMBERS IN STANDARD FORM, COMPARISON OF RATIONAL NUMBERS, RATIONAL NUMBERS BETWEEN TWO RATIONAL NUMBERS, OPERATION ON RATIONAL NUMBERS- ADDITION, SUBTRACTION, MULTIPLIC ATION, DIVISION.	EX 8.1, EX 8.2, EX 4A TO 4G.	9	PD2+AT
9	9	PERIMETER AND AREA+ R.S.AGARWAL BOOK(CH2O)	AREA OF A PARALLELOGRAM, AREA OF TRIANGLE, CIRCLES-CIRCLES, AREA OF CIRCLE.	EX 9.1, EX 9.2. EX 20 A TO 20 F	6	PD3+AT
1	10	ALGEBRAIC EXPRESSIONS + R.S.AGARWAL BOOK(CH 6)	INTRODUCTION, HOW ARE EXPRESSIONS FORMED? TERMS OF AN EXPRESSION, LIKE AND UNLIKE TERMS, MONOMIALS, BINOMIALS, TRINOMIALS AND POLYNOMIALS, FINDING THE VALUE OF AN EXPRESSION.	EX 10.1, EX 10.2 EX 6A TO 6D	5	PD1+MT
11	11	EXPONENTS AND POWERS + R.S.AGARWAL BOOK(CH5)	INTRODUCTION, EXPONENTS, LAWS OF EXPONENTS, MISCELLANEOUS EXAMPLES USING THE LAWS OF EXPONENTS, DECIMAL NUMBER SYSTEM AND EXPRESS IT IN STANDARD FORM.	EX 11.1, EX 11.2, EX 11.3 EX 5A TO 5C	6	PD3+AT

				-V 4- 4		
1	12	SYMMETRY+	INTRODUCTION,LINES OF	EX 12.1,	6	AT
2		R.S.AGARWAL	SYMMETRY FOR REGULAR	EX 12.2,		
		BOOK(CH18)	POLYGONS, ROTATIONAL	EX 12.3.		
			SYMMETRY, LINE SYMMETRY AND	EX 18A,B.		
			ROTATIONAL SYMMETRY.			
1	13	VISUALISING	INTRODUCTION: PLANE FIGURES	EX 13.1,	6	AT
3		SOLID	AND SOLID SHAPES, FACES, EDGES	EX 13.2,		
		SHAPES+	AND VERTICES, NETS FOR BUILDING	EX 13.3,		
		R.S.AGARWAL	3D SHAPES,DRAWING SOLID ON A	EX 13.4.		
		BOOK(CH19)	FLAT SURFACE-OBLIQUE	EX 19		
			SKETCH,ISOMETRIC			
			SKETCHES, VISUALISING SOLID			
			OBJECTS, VIEWING DIFFERENT			
			SECTIONS OF A SOLID-DIFFERENT	1)		
			VIEWS,SHADOW PLAY.			

SIL

Syllabus for the session 2025- '26

Class: VII Sub: Health & Physical Education Name of the Teacher: SR, SN & SW

> Practical

SL No	Name of Asanas/Games/Marching	Skill Learning	Months
1	 Asana Standing posture (any 3) Sitting posture (any 3) Laying posture (any 4) 	Step by step Practice	April
2	Meditation + Pranayama	Practice	April
3	Suryanamaskar/Sun Salutation	12 steps practice	April
4	Indoor Game	Individual Practice, Sports competition Related Practice	May+June
5	Kho-Kho	Chaser skill, Runner skill	July
6	Free Hand Exercise +Marching	Left turn, Right turn, Back turn, Kadamtal, Tej chal	July+ Aug
7	Specialization Games Football Badminton Volleyball Annual Sports Practice	All skill practice	Sept + Oct
8	 Running Free Hand Exercise Marching Annual Sports Practice 	100m Sprint, 200m sprint,400m Sprint, Marching Related skill.	Nov
9	Annual Sports related Practice	Individual Practice, Sports event Related Practice	Nov+ Dec
10	 Kho-Kho Football Cricket Badminton Volleyball 	Match Practice	Jan+Feb+March